

## ABOUT URFM:

As an answer to God's calling and to address the rising need of those who are struggling with difficult situations, Upper Room Fellowship Ministry (URFM) offers counseling services.

**URFM is a non-profit and independent ministry, and does not represent any denomination's interests.** We strongly believe that Jesus Christ died for everybody and He is the only Judge that we will face one day. (Jude 1:23). Our duty as Christians is, to bring "the good news" to everybody without any discrimination and save them from fire, if possible. (Jude 1:23).

## FINANCIAL POLICY:

**URFM is a non-profit ministry.** It is not supported financially by any organization, so we ask everybody that believes in the importance of our mission to support us regularly on month-by-month basis with as much as the Lord leads you. **The counseling sessions are based on donations. We won't turn down anybody that can't afford to donate to this ministry. We trust that God will provide.**

## URFM STAFF:

**The ministry's staff is formed by mature Christians who have chosen to follow God's call to encourage and counsel those that are in emotional pain or spiritual need, as the Holy Spirit guides.** As graduates from "The Advanced Training Institute" offered by the Exchanged Life

Ministry of Michigan, and currently enrolled in Master of Spiritual Formation and Master of Christian Counseling with Spring Arbor University, we have learned, and continue to learn, many in-depth truths regarding God's will for people and their relationships. **Nevertheless, anointing from the Holy Spirit is the most important tool in our counseling sessions.**

## COUNSELING SERVICES:

**The ministry offers Christian counseling sessions to those who are experiencing difficulties in their lives. Confidentiality is assured.** Our goal is that, under the Holy Spirit's guidance, to convey a way to freedom from emotional difficulties, family conflicts (parent-child, brother-sister, husband-wife), or other kinds of conflicts. **Young people are especially encouraged to contact us.** The ministry decided that females will be counseled by a female counselor and males will be counseled by a male counselor. **We speak English and Romanian.**

The following statements are referring to some of the situations you may face in life which require help.

## STRESS:

**Maybe you would like to know what to do in order to be happy.** Unfortunately life is not simple and many times you feel like you need to share your struggles and failures with somebody. The Lord says, "*I will make you wise and show you where to go. I will guide you and watch over you.*" (Ps. 32:8).

The apostle Paul in 1 Thessalonians 5:16, 18 tells us: "*Rejoice always;*" and "*in everything give thanks;*" That is what God wants for you in Christ Jesus." **Even though you did everything you could, you feel that the circumstances are working against you and even your loved ones don't understand what you're going through.**

## FAMILY ISSUES:

**Maybe you have been married for many years but your spouse is like a stranger to you.** What can you do? Are there people that can help you without breaking confidentiality? The Bible tells us in Philippians 4:6: "*Do not worry about anything, but pray and ask God for everything you need, always giving thanks*". **How can you fulfill this request when you see that your children live in a corrupt world and you don't know how to help them?** Who can counsel you?

## TEENAGE ISSUES:

**Maybe you are a teenager and you want to be happy, but the pressure you feel from school, parents or friends overwhelms you.** You don't want to be treated as a child any more and, at the same time the adult responsibilities are overwhelming. Where can you go and ask for guidance and help? **Maybe your life was filled with troubles. Many hurt or wronged you.** You know that you are supposed to forgive, but you can't. What can you do?

## IS THERE ANY HOPE?

Yes, there is hope. These are some of the questions that we can help you find answers for. There is hope in Jesus Christ and we are not going to break your confidence.

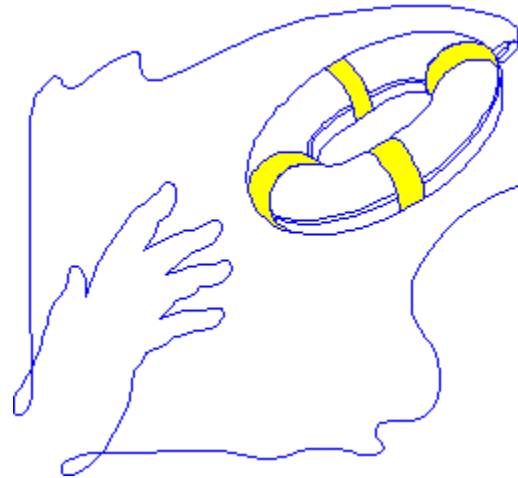
### COUNSELING SCHEDULE:

MALE COUNSELING SESSIONS  
**VALY VADUVA**  
FLEXIBLE APPOINTMENTS

FEMALE COUNSELING SESSIONS  
**ELENA VADUVA**  
FLEXIBLE APPOINTMENTS

FAMILY COUNSELING  
**VALY & ELENA VADUVA**  
FLEXIBLE APPOINTMENTS

CALL US TODAY



FOR YOUR SPIRITUAL NEEDS

OR

TO FIND OUT MORE ABOUT THIS  
MINISTRY

PLEASE GET IN TOUCH WITH US



**URFM**

[WWW.URFM.ORG](http://WWW.URFM.ORG)

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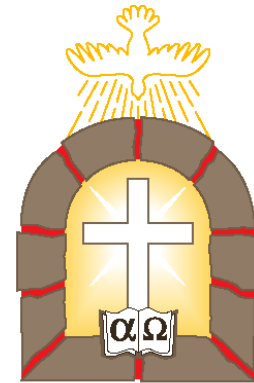
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**UPPER ROOM  
FELLOWSHIP MINISTRY**

**OFFERS**

## CHRISTIAN COUNSELING

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart; and you shall find rest for your souls. For my yoke is easy, and my burden is light.”

**Matthew 11:28-30**

